



GLOBAL PUBLIC AFFAIRS

FROM INSIGHT TO IMPACT

NATIONAL COVID-19 GUIDELINES

FEBRUARY 2, 2022

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SUMMARY

Restrictions

- **British Columbia** – Amended rules on isolation requirements: unvaccinated for 10 days, vaccinated for 5; youth sports tournaments can now return; Vaccine Card will be mandatory until June 30th.
- **Manitoba** – The province's health minister announced on January 28 that current public health orders will remain until February 8th, which was originally expire on February 1st.
- **Ontario** – The province eased restrictions on January 31st, including opening restaurants, theatres and venues to 50% capacity.
- **Quebec** – The province has started to lift restrictions and will further to lift restrictions on February 7th.
- **Northwest Territories** – As of January 30th, the territory lifted Omicron-related restrictions, including table limits at bars and lounges and the ban on high-risk activities.
- **Nunavut** – The community of Igloolik is under strict lockdowns due to COVID-19 spreading rapidly among households.
- **Yukon** – Casinos and nightclubs must close; schools can open but students must wear masks and activities between schools are suspended.
- **Newfoundland and Labrador** – The province remains at a level 4 alert level
- **New Brunswick** – The province has moved each region to Level 2 restrictions.

Antiviral Drug

- **Alberta** – As of January 31st, the province received its first shipment of Paxlovid.
- **Saskatchewan** – As of January 26th, Paxlovid is now available for eligible residents.
- **Manitoba** – The province received its first shipment of Paxlovid and introduced an eligibility criteria for the COVID-19 treatment.
- **Northwest Territories** – The territory received its first shipment of Pfizer COVID-19 antiviral treatment (Paxlovid).
- **Newfoundland and Labrador** – The province has been provided with limited supply of Paxlovid and is available to eligible patients.
- **New Brunswick** – The province is expecting to receive its first shipment of Pfizer's new COVID-19 antiviral treatment by the weekend.
- **Nova Scotia** – The province received 900 courses of Pfizer's COVID-19 antiviral treatment, Paxlovid.
- **Prince Edward Island** – P.E.I. received 200 courses of treatment in January. Province is hoping to receive 200 more for February, and 500 in March.



Restrictions

RESTRICTIONS

- **Restrictions in place until February 16th.**
- Masks are required in all indoor settings.
- Workplaces may be ordered to close for a minimum of 10 days if an outbreak occurs.

SOCIAL GATHERINGS

- **Indoor social gatherings**
 - Limited to your household plus 10 other visitors or one other household.
- **Indoor organized gatherings**
 - No organized gatherings, such as weddings or funerals.
- **Outdoor social gatherings**
 - No restrictions for outdoor personal gatherings.
- **Outdoor organized gatherings**
 - Can have a maximum of 5,000 people or 50% capacity, whichever is greater.

PLACES OF WORSHIP

- No capacity restrictions if all participants are vaccinated.
- If not all vaccinated, services and choirs are limited to 50% capacity.

RESTAURANTS

- Maximum of 6 people at a table.
- Two metres or physical barriers between tables.
- Customers must stay seated and cannot move between tables.
- No dancing.
- Normal liquor hours.
- Masks are required when not seated.

RETAIL AND SHOPPING MALLS

- Capacity limited to 1/3 fire code occupancy.

ENTERTAINMENT, EVENT AND RECREATION

- Indoor events can only have a 50% capacity, no matter the size.
 - Includes concerts, theatre, dance, symphony, sporting events, movies, lectures, presentations, workshops, and ticketed events.
 - No dancing. All spectators must be seated.
- Youth sports tournaments can now return.
- Casinos at 50% capacity but can serve food and liquor.
- Gyms and recreation facilities can reopen January 20th.
 - Will require vaccine cards and have capacity limits. People will need to be spaced apart and masks will be required when not exercising.
- Swimming pools can operate at 50% capacity.
- Bars, nightclubs, lounges and places without full meal service must remain closed.

LONG-TERM CARE OR SENIORS' ASSISTED LIVING FACILITIES

- Only essential visitors at long-term care.
- All visitors allowed at seniors' assisted living facilities.
- Larger, facility-wide social events or gatherings, adult day programs, and in-facility respite are allowed.

WORKPLACE

- A workplace that has workers testing positive for COVID-19 and public health confirming transmission has occurred in the work environment may be ordered to close for a minimum of 10 days.
- For larger workplaces, closure may be restricted to the locations where transmission occurred.
- Employers are required to re-activate their COVID-19 Safety Plans.
 - WorkSafeBC has developed industry-specific protocols to provide employers with information and support on how to develop effective safety plans. Information can be accessed [here](#).

ISOLATION REQUIREMENTS

- Unvaccinated must isolate for 10 days and vaccinated for 5 days.

Special Measures

NORTHERN HEALTH AUTHORITY

- Orders expanded to entire authority.
- Indoor personal gatherings up to 10 fully vaccinated people, or more with 50% capacity and Vaccine Cards.
- Outdoor personal gatherings up to 25 fully vaccinated people, or more with 50% capacity and Vaccine Cards.
- Organized indoor and outdoor gatherings must have a safety plan
- Safety plan is not required to be submitted for approval.
- Bars and nightclubs without food service must close immediately.
- Liquor sales must end at 10pm.
- All worship services must be held virtually.
- BC Vaccine Card requires individuals to be fully vaccinated for all activities.
- Fast-food and cafés now require the BC Vaccine Card or must do takeout only.

FRASER EAST

Includes Chilliwack, Abbotsford, Agassiz, Harrison, Mission, Hope, and Boston Bar

- If unvaccinated: Personal visits for household plus five guests and outside visits for household plus ten guests; may not attend events or fitness activities. Restrictions do not apply to child or youth programs
- If vaccinated, province-wide restrictions plus: Must be fully vaccinated (two doses) immediately to attend all events and fitness activities.
- Must wear a mask in all indoor workplaces.



Vaccine Passport

B.C. VACCINATION CARD

- Required for all people born 2009 or earlier
- BC residents will need both the federal and provincial proofs of vaccine to travel for the time being
- Cards will be mandatory until June 30th.

Required to access non-essential activities such as:

- Indoor ticketed concerts, theatre, dance, symphony and sporting events
- Indoor and outdoor dining at restaurants, pubs and bars
 - Does not include fast food, drive thru, or cafeterias
- Nightclubs and casinos
- Movie theatres
- Gyms, pools and recreation facilities
- Indoor high intensity group exercise
 - Does not include youth recreational sport
- Indoor organized gatherings
- Indoor organized group recreational classes and activities
 - Does not include K-12 school and before/after school

OUT-OF-PROVINCE VISITORS

- Must show provincially/territorially officially recognized vaccine record.
- Valid government ID from the same province/territory

INTERNATIONAL VISITORS

- Proof of vaccination and passport required to enter Canada

Vaccines

THIRD DOSE / BOOSTER SHOTS ELIGIBILITY

- BC is offering third and booster shots to everyone six months after your last dose
- Healthcare workers will be offered the J & J shot and leftovers will be available to the public

Antiviral Drug

PFIZER COVID-19 ANTIVIRAL DRUG (PAXLOVID)

- 4,000 doses of Paxlovid will arrive in B.C. this week.



Restrictions

SOCIAL GATHERINGS

Indoor social gatherings

- Private gatherings up to 10 people for 18 years and older.
- No limits on people 18 years and under if accompanied by their parent or guardian - if attending by themselves, they will count towards the maximum limit of 10 people.
- Does not apply to mutual support groups or workers that need access to your home to provide caregiving support, home repairs and maintenance.

Outdoor social gatherings

- Private social gatherings up to 20 people, with physical distancing between households.

Workplace gatherings

- Albertans should refrain from workplace social gatherings.

PLACES OF WORSHIP

- Capacity limited up to 1/3 of fire code occupancy.
- Physical distancing between households or 2 close contacts for those living alone.

RETAIL AND SHOPPING MALLS

- Capacity limited to 1/3 fire code occupancy.

SCHOOLS

- Students in K-12 back to in-person learning.
- Schools are providing masks and rapid antigen test kits for students to take home.

WORKPLACES

- Mandatory work-from-home measures are in place unless the employer has determined a physical presence is required for operational effectiveness.
 - Masks must be worn in all indoor settings, except while alone in work stations.
 - Isolation is legally required for employees who test positive or have core symptoms.
 - Employers should not ask for proof of a PCR or rapid test or a medical note in order to receive time off work.
 - Proof of negative COVID-19 test and/or medical note is not required to return to work.
 - Government of Alberta has provided sector guidance documents, which can be accessed [here](#).

ISOLATION REQUIREMENTS

- Isolation is still legally required for people who have COVID-19 symptoms or tested positive.
- Fully vaccinated will need to isolate for a minimum of 5 days or until symptoms resolve, whichever is longer.
- Not fully vaccinated will need to isolate for 10 days or until symptoms resolve, whichever is longer.
- Close contacts of positive cases are not required to quarantine, but should monitor for symptoms and isolate if developing symptoms.
- Unvaccinated household contact of positive case must stay home for 14 days.

Restrictions on businesses that implement REP

RESTAURANTS, CAFES, BARS, PUBS AND NIGHTCLUBS

- Limit of 10 people maximum per table.
- No interactive activities.
- Liquor service must end at 11PM and close at 12:30PM for businesses with Class A or C liquor licences.

ENTERTAINMENT, EVENT AND RECREATION

- Large indoor facilities must limit capacity to:
 - 50% if facility has fire occupancy load over 1,000.
 - 500 attendees if facility has fire occupancy load between 500 and 999.
 - No capacity limit if facility has fire occupancy load under 500.
- No food and drink consumption in seated audience settings or during intermissions in facilities with 500+ attendees.
- Venues with a gaming licence, facility licence or a Class B licence must end liquor service at 11PM and stop liquor consumption at 12:30AM.
- Indoor events are limited of 10 people maximum per table.
 - No interactive activities.
 - Liquor service must end at 11PM and must close at 12:30PM for Special Event Licence.

OUTDOOR ENTERTAINMENT, EVENT AND RECREATION

- No capacity restrictions, but must maintain physical distancing between households or 2 close contacts for those living alone.



Vaccine Passport

RESTRICTIONS EXEMPTION PROGRAM (REP)

- Required for peoples ages 12 and older.
 - Children aged five to 11 will not be subject to the program, regardless of their vaccination status.
- The QR code vaccine record is now the only acceptable proof of vaccination.
 - Exemptions apply for those who have a Canadian Armed Forces vaccine record or a First Nations immunization record.
- Businesses that opt in will be able to operate without restrictions, with some exceptions.

Must provide:

- Proof of vaccination, or
- Negative privately-paid test result within the previous 72 hours, or
- Proof of medical exemption.

Businesses eligible for the program:

- Restaurants
- Nightclubs
- Casinos, Bingo Halls, VLT Lounges
- Bowling, racing entertainment, arcades, billiards halls, other similar entertainment
- Museums, art galleries
- Movie theatres
- Conferences, meeting spaces, halls, and rented spaces
- Weddings and funerals held in public facilities
- Professional sporting or performance events (spectator)
- Private social events held in public facilities
- Recreation and fitness facilities
- Adult recreational sport groups (players/participants)
- Recreation classes and activities (outside physical activity)
- Amenities in hotels and condos

City of Calgary Bylaw

- The City of Calgary passed a bylaw that requires all Calgary eligible businesses to implement the Restrictions Exemption Program
- Failure to do so will result in fines

Restrictions on eligible businesses that do not opt into REP

WEDDINGS AND FUNERALS

- Indoor ceremonies up to 50 people or 50% of fire code occupancy, whichever is less.
- Indoor receptions are prohibited, Outdoor ceremonies, services and receptions are permitted up to 200 people.
 - Must follow liquor sales and consumption (sales end at 10pm, consumption by 11pm).

RESTAURANTS

- Indoor dining is not permitted.
- Outdoor dining with up to 6 people per table (one household or 2 close contacts for those living alone).
- Liquor sales end by 10pm, with consumption by 11pm.

ENTERTAINMENT, EVENT AND RECREATION FACILITIES

- Indoor facilities up to 1/3 fire code occupancy.
- Outdoor events and facilities that are fully outdoors (excluding washrooms) have no capacity restrictions.
- Must maintain physical distancing between households or 2 close contacts for those living alone.

ADULT SPORT, FITNESS AND PERFORMANCE ACTIVITIES

- Indoor group classes and activities are not permitted.
- Indoor competitions are paused.
- Indoor one-on-one training and solo activities are allowed with physical distancing.
- Outdoor activities to continue with no restrictions.

YOUTH SPORT, FITNESS AND PERFORMANCE ACTIVITIES

- Indoor group classes, training and competitions are permitted.
 - Must screen for symptoms.
 - Must maintain physical distancing, except youth while engaged in physical activity.
 - Must wear a mask, except youth while engaged in physical activity.
- Spectator attendance restricted to 1/3 fire code occupancy.
 - Attendees limited to a single household or 2 close contact if living alone.
 - Must be masked and maintain physical distancing.
- Outdoor activities can continue with no restrictions.

DAY AND OVERNIGHT CAMPS

- Day camps required to maintain physical distancing between participants and masking indoors.
- Overnight camps to follow cohort models.

Vaccines

THIRD DOSE / BOOSTER SHOTS ELIGIBILITY

- Albertans 18 years and older (5 months after second dose).
- Residents of seniors' supportive living (5 months after second dose).
- Immunocompromised Albertans 12 years and older (8 weeks after second dose).
- Additional doses for travellers (4 weeks after second dose).
- AstraZeneca/Janssen recipients (5 months after second dose).

CHILDREN AGED 5 TO 11

- Children aged 5 to 11 are eligible for the pediatric Pfizer vaccine.

Antiviral Drug

PFIZER COVID-19 ANTIVIRAL DRUG (PAXLOVID)

- As of January 31, Alberta received their first shipment of Pfizer's Paxlovid.

ELIGIBILITY

- Patients who are unvaccinated and are:
 - 65 years and older.
 - 18 years and older with a pre-existing health condition including diabetes, obesity, chronic kidney disease, congestive heart failure, or chronic obstructive pulmonary disease, and moderate-to-severe asthma.
 - Pregnant.
- Patients who are immunocompromised, due to one of the following reasons (vaccinated or unvaccinated):
 - Have received a transplant.
 - Is an oncology patient who has received a dose of any IV or oral chemotherapy or other immunosuppressive treatment since December 2020.
 - Has an inflammatory condition (e.g. rheumatoid arthritis, lupus, inflammatory bowel disease) receiving a dose of any systemic immunosuppressive treatment since December 2020.



Restrictions

*Public health orders will remain in effect until at least February 28, 2022.

- Saskatchewan has shifted to 'Living with COVID-19', which lifted most public health measures.

WORKPLACES

- Employers may choose to require proof of vaccination or a negative COVID-19 test result at least every seven days from employees before entering the workplace.
- The [Public Health Emergency Leave](#) provision applies to employees who need to be away from work in order to self-isolate as required by a public health order.
 - Also applies to employees who need to be away from work to care for a member of their immediate family who are affected by an order to self-isolate.

MANDATORY SELF-ISOLATION REQUIREMENTS

- Anyone who tests positive for COVID-19 must self-isolate for 10 days.
- Those who do not follow public health orders could face fines up to \$2,000 for individuals and \$10,000 for corporations, plus a victim surcharge of 40%.
- Fully vaccinated**
 - Fully vaccinated close contacts will not be required to self-isolate but are required to self-monitor for symptoms.
- Unvaccinated**
 - Unvaccinated close contacts are required to self-isolate for 14 days.
 - Unvaccinated-school age children (including high school) and day care children who are close contacts are exempt from self-isolation, provided they have no symptoms and are masking at all times.

Vaccine Passport

- Children under the age of 12 are exempt from the proof of vaccination or negative test requirement.
- A digital QR code is now available for download for residents.

Proof of vaccination or negative test results required for:

- Indoor dining at restaurants, including fast food restaurants
 - Will not be required for food pick up or delivery
- Liquor manufacturers conducting retail stores and liquor stores
- Cannabis stores with standalone retail store permits
- Restaurants, including restaurants in hotels or other lodgings
- Nightclubs, bars, taverns and other licensed establishments
- Conference centres.
- Casinos, bingo halls, and other gaming establishments
- Movie theatres
- Concert venues
- Live-music venues
- Museums
- Indoor facilities hosting ticketed sporting events
- Indoor fitness centres and gyms

Businesses / Organizations exempt from Proof of Vaccination order:

- Retail businesses including grocery stores
- Businesses holding an integrated liquor retail store permit that do not also hold a tavern or restaurant permit issued by the Saskatchewan Liquor and Gaming Authority
- Businesses holding an integrated cannabis retail store permit issued by the Saskatchewan Liquor and Gaming Authority
- Places of worship (including weddings/funerals/wakes)
- Personal services, health care services, professional services
- Public libraries
- Hotels or lodging including self-serve food options located within the hotel or other lodging
- Facilities hosting amateur sporting events, including youth athletics and recreational leagues
- Private gatherings at public venues (weddings/funerals/wakes/meetings)
- Private gatherings at private residences

Vaccines

THIRD DOSE / BOOSTER SHOTS ELIGIBILITY

- Saskatchewan is now offering booster or third doses to those who are of eligible age and at-risk groups.
- A minimum of three months after their second dose was received must pass prior to receiving the booster dose.
 - Individuals born in 2009 and earlier with underlying health conditions.
 - Residents of long-term care, special care and personal care homes may receive their third dose 28 days after their second dose.
 - Individuals who are immunocompromised or clinically extremely vulnerable may also receive their third dose 28 days after their second.
 - Travellers who require a third/fourth dose for travel.

CHILDREN AGED 5 TO 11

- The province is offering pediatric Pfizer vaccines to children aged 5-11.
- The optimal interval between doses is eight weeks, however, families may choose to receive the second dose as early as 21 days after the initial dose.

Antiviral Drug

PFIZER COVID-19 ANTIVIRAL DRUG (PAXLOVID)

- The COVID-19 antiviral treatment is now available for eligible residents as of January 26.
- The province received a limited quantity of 900 doses, with further supplies to be expected.

RECOMMENDED

- For adults over 18 years of age and are:
 - Symptomatic and within five days of developing symptoms;
 - Test positive (PCR or rapid test) for mild or moderate COVID-19;
 - Do not have any medical conditions that would make treatment inappropriate; and meet one of the following criteria:
 - Are immunocompromised, regardless of vaccine status;
 - Are 55 years and older, and not fully vaccinated; or
 - Have a medical condition that puts them at high risk, and are not fully vaccinated.
- Those who believe they meet the criteria must call HealthLine811 for further assessment of their eligibility.

ELIGIBILITY

- Only provided to eligible patients through referral by HealthLine811.



Restrictions

*Restrictions in place until February 8, 2022

SOCIAL GATHERINGS

- **Indoor social gatherings**
 - Indoor gatherings at a private residence including occupants of the residence and no more than 10 other person for those who are:
 - Fully vaccinated and can produce proof of vaccination
 - With a medical exemption
 - Under the age of 12
 - Born between January 1, 2010 and February 1, 2010, inclusive
 - Indoor gatherings at private residences including occupants of the residence and no more than 5 other persons, if one or more persons at the gathering is unvaccinated.
- **Outdoor social gatherings**
 - Outdoor gatherings at private residences including occupants of the residence and no more than 20 other persons for those who are:
 - Fully vaccinated and can produce proof of vaccination
 - With a medical exemption
 - Under the age of 12
 - Born between January 1, 2010 and February 1, 2010, inclusive
 - Outdoor gatherings at private residences including occupants of the residence and no more than 10 other persons, if one or more persons is unvaccinated.
- **Public Spaces**
 - Indoor gatherings at a public space up to 25 people or 25% capacity, whichever is less.
 - Outdoor gatherings at a public space up to 50 people.
 - Indoor gatherings at a public space up to 250 people or 50% capacity, whichever is less, if it is restricted to:
 - Persons who produce proof of vaccination
 - Persons who produce a medical exemption
 - Under the age of 12
 - Born between January 1, 2010 and February 1, 2010, inclusive

PLACES OF WORSHIP

- May only be held at a church, mosque, synagogue, temple or other places of worship.
- Must implement social distancing of 2 metres between each household.
- **Unvaccinated**
 - Up to 25 people or 25% capacity indoors, whichever is less.
 - Up to 50 people outdoors.
- **Fully vaccinated**
 - If implementing proof of vaccination, indoor and outdoor capacity up to 50% or 250 people, whichever is less.

WEDDINGS AND FUNERALS

- Weddings and funerals are subject to restrictions based on where it is held (i.e. areas of places of worship or at a private residence).

INDIGENOUS CULTURAL EVENTS

- Social distancing of 2 metres must be maintained.
- **Unvaccinated**
 - Indoor pow wows and other cultural events up to 25 people or 25% capacity, whichever is less.
 - Outdoor pow wows and other cultural events up to 50 people.
- **Fully vaccinated**
 - Indoor pow wows and other cultural events up to 50% capacity
 - Outdoor pow wows and other cultural events up to 50% capacity or 250 people, whichever is less.

RESTAURANTS AND BARS

- Restaurants and bars may open if restricting admission:
 - Fully vaccinated and can produce proof of vaccination
 - With a medical exemption
 - Under the age of 12
 - Born between January 1, 2010 and February 1, 2010, inclusive
- Restaurants must ensure that capacity does not exceed 50% or 250 people, whichever is less.
- Liquor service must end at 10PM.
- Unvaccinated individuals can still access takeout and delivery services.

ENTERTAINMENT, EVENT AND RECREATION

- **Entertainment**
 - Theatres, concert halls, and other entertainment venues may open at 50% capacity or 250 people, whichever is less, if implementing proof of vaccination.
 - Museums, libraries and arts galleries may open at 50% capacity or 250 people, whichever is less, if implementing proof of vaccination.
- **Events**
 - Ticketed sporting events up to 50% capacity or 250 people, whichever is less, if implementing proof of vaccination.
 - Seasonal facilities and events up to 50 people.
 - If implementing proof of vaccination, capacity up to 50% or 250 people, whichever is less.
- **Recreation – If implementing proof of vaccination**
 - Indoor recreational businesses up to 50% capacity or 250 people, whichever is less.
 - Gyms, fitness centres and yoga studios may open up to 50% capacity or 250 people, whichever is less.
 - Indoor and outdoor sporting and recreational facilities up to 50% capacity or 250 people, whichever is less.
 - Youth aged 12 to 17 will be required to show proof of vaccination (at least one dose) or a negative test result.
 - Group instructional classes up to 50% capacity or 250 people, whichever is less.
 - Casinos, gaming centres and VLTs up to 50% capacity or 250 people, whichever is less.

RETAIL AND SHOPPING MALLS

- All retail businesses in Manitoba that are not in the Southern Health Region may open, only if implementing social distancing measures of 2 metres.
- Food court in a shopping centre may open only if implementing proof of vaccination.
- Personal services may open if implementing social distancing measures of 2 metres.

DAY AND OVERNIGHT CAMPS

- Day camps may operate if:
 - the maximum size of any group of campers is 25 and no joint activities between groups take place; and
 - Campers bring their own food and beverages or all food and beverages served are individually packaged.
- Overnight camps for children are not permitted to operate at this time.

WORKPLACE

- Workplace guidance for business owners can be found [here](#).
- SAFE Work Manitoba has developed a tool kit for Covid-19 for workplaces with available industry specific resources, which can be found [here](#).

TRAVEL

- Travel to Northern Manitoba is not permitted at this time. Exemptions apply.
- Fully vaccinated individuals can now travel within Canada without being required to self-isolate upon return to the province.
- Unvaccinated or partially vaccinated travellers are required to self-isolate.

ISOLATION REQUIREMENTS

- **Fully vaccinated**
 - Fully vaccinated individuals and do not have symptoms will need to isolate for 5 days from the date of their positive test.
 - Fully vaccinated individuals who have symptoms will need to isolate for 5 days from the day their symptoms started or the date of the test, whichever is later.
 - Must continue to isolate until they no longer have a fever and other symptoms have been improving over the past 24 hours.
- **Unvaccinated**
 - Unvaccinated individuals will need to isolate for 10 days from the date of their positive test.
 - Must continue to isolate until they no longer have a fever and other symptoms have been improving over the past 24 hours.
- **Close contacts**
 - Close contacts of a person with COVID-19, unless otherwise exempt, must go into mandatory self-isolation for 10 days.
 - Exemption: if they have no symptoms AND are fully immunized at the time of exposure or have had a COVID-19 infection within the past 6 months.



Special Measures

SOUTHERN HEALTH REGION

(Does not include Town of Niverville, St. Francois Xavier, Cartier, Headingley, Macdonald, Ritchot, or Tach)

- Businesses located in the Southern Health region must reduce capacity limits to 50% and implement social distancing of 2 metres
- Household members of close contacts or symptomatic people must now self-isolate
 - Those who are fully vaccinated or who had COVID-19 in the last six months will be exempt from this
- Religious gatherings up to 25 people
 - Up to 25% capacity to a maximum of 250 people if facility is able to physically divide their space

Vaccine Passport

MANITOBA IMMUNIZATION CARD

- Manitobans have two ways to demonstrate proof of their COVID-19 immunization:
 - Manitoba Immunization Card issued by the Government of Manitoba; or
 - The **Pan-Canadian Proof of Vaccination Credential (PVC)**

Proof of vaccination required for:

- Travel into Manitoba
- Indoor and outdoor ticketed sporting events and concerts
- Indoor theatre, dance, symphony events
- Indoor and patio dining at restaurants
- Food court in shopping centres
- Nightclubs and all other licensed premises
- Casinos, bingo halls and VLT lounges
- Movie theatres
- Fitness centres, gyms and indoor sporting and recreational facilities
- Organized indoor group recreational classes and activities, and indoor recreational businesses
- Youth indoor recreational sports and overnight camps

OUT-OF-PROVINCE VISITORS

- Must show provincially/territorially officially recognized vaccine record
- Valid government ID from the same province/territory

Vaccines

THIRD DOSE / BOOSTER SHOTS ELIGIBILITY

- All adults aged 18 years and older are eligible to receive a third dose
- Timeline to receive a third dose:
 - Individuals aged 50 years and up – five months after second dose.
 - Individuals aged 18 years and up who live in a First Nations community – five months after second dose.
 - All other adults – six months after second dose.

YOUTH AGED 12 TO 17

- All youth aged 12 to 17 years are eligible to receive a first and second dose of a COVID-19 vaccine.
- Recommendation that youth receive the second dose eight weeks after their first dose.
- Additional doses are not recommended for this age group unless the young person is moderately to severely immunocompromised
 - In this situation, a total of four mRNA vaccine doses are recommended.
 - Interval of 28 days between second and third dose and at least six months between third and fourth dose.
 - Requires a prescription.

CHILDREN AGED 5 TO 11

- Children aged 5 to 11 are eligible to receive a first and second dose of a pediatric Pfizer vaccine (interval between doses is eight weeks).
- Children living in First Nations communities may have an interval of 21 days between doses.
- Third dose is not offered to this age group unless the children is moderately to severely immunocompromised.
 - Requires a prescription and must be given at least 28 days after their second dose.

Antiviral Drug

PFIZER COVID-19 ANTIVIRAL DRUG (PAXLOVID)

- Manitoba received 1,100 doses of the Pfizer COVID-19 antiviral treatment, Paxlovid.

ELIGIBILITY

- Must have a positive COVID-19 test, AND;
- Have symptoms that began within the last 5-7 days, AND;
- Meet the criteria in one of the five categories:
 - **Category 1**
 - Be unvaccinated or partially vaccinated, AND;
 - Have no prior history of COVID-19 infection, AND;
 - Be older than 40 years of age.
 - **Category 2**
 - Be unvaccinated or partially vaccinated, AND;
 - Have no prior history of COVID-19 infection, AND;
 - Be 18-40 years old, AND;
 - Have a serious health condition, which may include diabetes, smoking, obesity, heart disease, kidney disease, lung disease, or cancer.
 - **Category 3**
 - Be 18 years or older (regardless of whether you are vaccinated or previously infected with COVID-19), AND;
 - Be immunocompromised due to a medical condition or treatment.
 - **Category 4**
 - Be Indigenous and 40 years or older, AND;
 - Have no prior history of COVID-19 infection, AND;
 - Be fully vaccinated but have not received a third dose and it has been more than 4 months since the last dose*, AND;
 - *Or you received your third dose and it has been less than 14 days since your dose
 - Have a serious health condition which may include diabetes, smoking, obesity, heart disease, kidney disease, lung disease or cancer.
 - **Category 5**
 - Be 50 years or older, AND;
 - Have no prior history of COVID-19 infection, AND;
 - Be fully vaccinated but have not received a third dose and it has been more than 4 months since the last dose*, AND;
 - *Or you received your third dose and it has been less than 14 days since your dose
 - Have a serious health condition which may include diabetes, smoking, obesity, heart disease, kidney disease, lung disease or cancer.



Restrictions

SOCIAL GATHERINGS

- **Indoor social gatherings**
 - Indoor social gatherings up to 10 people.
- **Outdoor social gatherings**
 - Outdoor social gatherings up to 25 people.

PLACES OF WORSHIP, WEDDINGS AND FUNERALS

- Social gathering associated with a wedding, a funeral or a religious service, rite or ceremony of more than 10 people if event is indoors or 25 people if the event is outdoor
- A gathering for the purposes of a wedding, a funeral or a religious service, rite or ceremony if the gathering is held in a building or structure other than a private dwelling should not exceed 50 percent of the capacity of the particular room and must comply with public health guidance on physical distancing

RESTAURANTS

- Indoor dining at restaurants, bars and other establishments opened at 50% capacity.
- Outdoor dining, takeout, drive through and delivery permitted.
- Number of patrons sitting at a table limited to 10 people and patrons must be seated.

RETAIL AND SHOPPING MALLS

- Essential and non-essential retail open at 50% capacity. Physical distancing required in shopping mall lineups, and food courts are required to close.
- Personal care services permitted at 50% capacity.

ENTERTAINMENT, EVENT AND RECREATION

- **Entertainment and Events**
 - Cinemas open at 50% capacity.
 - Indoor sporting events, concert venues and theatres open at 50% capacity, or 500 people, whichever is less.
 - Museums, galleries, zoos, science centres, landmarks, historic sites, botanical gardens and similar attractions, open to 50% capacity
 - Casinos, bingo halls and other gaming establishments open to 50% capacity
- **Recreation**
 - Non-spectator areas of facilities used for sports and recreational fitness activities (such as gyms and businesses offering personal training) limited to 50% capacity.
 - Indoor spectator areas of facilities used for sports and recreational fitness activities limited to 50% capacity or 500 people, whichever is less

WORKPLACE

- Employers are recommended to develop a workplace safety plan.
- Guidance on specific sectors can be found [here](#).

ISOLATION REQUIREMENTS

- **Fully vaccinated**
 - Fully vaccinated individuals are required to isolate for 5 days **only** if symptoms have improved for at least 24 hours.
 - Fully vaccinated close contacts of a positive case and do not live with them are not required to isolate, but must monitor for symptoms for 10 days.
- **Unvaccinated, partially vaccinated, immunocompromised**
 - Individuals who are unvaccinated, partially vaccinated or immunocompromised are required to isolate for 10 days.
- **Work or live in high-risk health care settings**
 - Individuals who work or live in high-risk health care settings are recommended to return to work after 10 days from their last exposure or symptom onset or from their date of diagnosis.

Vaccine Passport

VACCINATION CERTIFICATE

- Required for all people aged 12 and older
- Residents must print out or keep an electronic vaccine receipt
- Vaccine Receipt must contain QR code
- Must present photo ID
- Medical exemptions are accepted
- Verify Ontario App and enhanced vaccine certificates with QR code was officially launched on October 22, 2021
- The Ontario enhanced vaccine certificate with QR code is available for download on Apple Wallet for iPhones with IOS 15 or later

Vaccine passport will be required to access non-essential indoor activities such as:

- Restaurants and bars (excluding outdoor patios, delivery and takeout)
- Meeting and event spaces, such as banquet halls and conference/convention centres
- Facilities used for sports and fitness activities and personal fitness training
- Sporting events, concerts, music festivals, theatres and cinemas
- Casinos, bingo halls and gaming establishments
- Racing venues
- Nightclubs (including outdoor areas of the establishment)
- Strip clubs, bathhouses and sex clubs

OUT-OF-PROVINCE VISITORS

- Must show proof issued by their country or Canadian province that they have had two doses of a Health Canada-approved vaccine
- Valid government photo ID
- BC, Quebec and Yukon QR codes are compatible with the Verify Ontario QR Code App
- International travelers must show their proof of vaccination with a passport of their country of origin or nexus card



Vaccines

THIRD/DOSE BOOSTER SHOTS ELIGIBILITY

- All Ontarians 18+ are eligible for COVID-19 booster appointments so long that their third dose comes three months after their second dose.

CHILDREN AGED 5 TO 11

- Children aged 5 to 11 are now able to be booked for their pediatric COVID vaccinations through the provincial vaccine portal, individual public health units, or at participating pharmacies.
- Second doses are recommended eight weeks after first doses.

Antiviral Drug

PFIZER COVID-19 ANTIVIRAL DRUG (PAXLOVID)

- Ontario will be receiving 10,000 courses of Paxlovid this month, will be available at 15 Ontario hospitals to start.



Restrictions

SOCIAL GATHERINGS

- **Indoor social gatherings**
 - Indoor gatherings maximum of 4 people from different households or the occupants from 2 households.
 - Exceptions apply for visitors who provide support or services or single individuals who can join a family bubble.
- **Outdoor social gatherings**
 - Outdoor gatherings at private homes up to 20 people or the occupants from 3 households.
- **Public spaces**
 - Indoor: currently suspended.
 - Outdoor: maximum of 50 people and physical distancing is required.

PLACES OF WORSHIP

- Places of worship are closed except for holding funerals.
- Outdoor: Up to 250 people.

WEDDINGS AND FUNERALS

- Maximum 25 people can attend funerals indoors.
- No indoor wedding can take place.
- Outdoor weddings can have a maximum of 250 people and 50 people for an outdoor reception.

RESTAURANTS, BARS, BREWERIES AND TAVERNS

- Restaurant can operate at 50% capacity.
- Indoor dining at a maximum of 4 people at a table from 2 different households.
- Outdoor dining at a maximum of 3 people per table from 3 different households.
- Maximum 20 people on a patio.
- Group bookings are allowed with no limit on participants. However, all participants must wear face coverings when moving.

ENTERTAINMENT, EVENT AND RECREATION

- **Entertainment**
 - Libraries, museums, zoos and aquariums are open but individuals must socially distance.
 - Starting February 7th Cinemas can operate at 50% capacity
 - Drive-in cinemas at 5,000 people maximum by representation.
 - Cars must respect 1 metre distancing.
- **Events**
 - **Starting February 7** – indoor events can take place at 50% capacity.
 - Outdoor events can operate at 1000 people and everyone must be vaccinated.
- **Recreation**
 - Outdoor winter sports may open but must maintain 1 metre physical distancing and masking.
 - Maximum 50% capacity for indoor activities.
 - Outdoor activities can resume with mandatory vaccines.

BUSINESSES, STORES AND BOUTIQUES

- May remain open at 50% capacity for physical distancing.
- 1 person per household recommended.

SCHOOLS

- Preschools, elementary, and secondary schools return to in-person learning and masks are required for elementary students.
- Mask wearing is only required for using school transportation for preschoolers.
- Students in high school are required to wear masks at all times.
- Post-secondary institutions return to in-person learning.
- Extra curricular activities can resume.

WORKPLACE

- Mandatory work from home.
- COVID-19 Toolkit on specific sectors can be found [here](#).

TRAVEL

- Travel to the territories of Nunavik and the Cree Territory of James Bay is not permitted at this time.

ISOLATION REQUIREMENTS

- **Fully vaccinated**
 - Fully vaccinated individuals must isolate for a minimum of 5 days from the onset of symptoms (or from the test date if no symptoms).
- **Unvaccinated / partially vaccinated**
 - Unvaccinated or partially vaccinated individuals must isolate for 10 days from the onset of symptoms (or from the test date if no symptoms).
- **Children under age 12**
 - The child must isolate for a minimum of 5 days from the onset of symptoms (or from the test date if no symptoms).
 - After 5 days, do a rapid test.
 - If result is negative, child may resume activities if symptoms improve and they have no fever for at least 24 hours (no medication).
 - If result is positive, child must isolate for an additional 5 days.

Vaccine Passport

VAXICODE

- Required for all people aged 13 and older.

Vaccine passport will be required to access non-essential activities such as:

- Outdoor events and festivals (attendees exceed 50 people)
- Performance venues, movie theatres, sports venues
- Bars and restaurants, including patios
- Casinos and gambling halls, including bingo
- Liquor and cannabis stores
- Arcades, pool halls, bowling alleys
- Indoor and outdoor activities at theme parks, amusement parks and centres, fun and recreation centres, water parks and zoos
- Cruises
- Conventions
- Outdoor team sports or physical activities involving frequent or prolonged contact. All indoor sports or physical activities
- Controlled access sports
- Visiting someone in a healthcare facility. Exemptions will be given to those visiting someone receiving end of life care, accompanying a child under 14, or someone giving birth
- Using chair lifts, gondolas and food court/chalets at winter resorts

OUT-OF-PROVINCE VISITORS

- Must show proof issued by their country of Canadian province that they have had two doses of a Health Canada-approved vaccine.
- Valid government photo ID.

Vaccines

THIRD DOSE / BOOSTER SHOTS ELIGIBILITY

- Three doses of the vaccine will be required for the vaccine passport.
- ### CHILDREN AGED 5 TO 11
- Children 5 to 11 are eligible to receive the Pfizer vaccine .

Antiviral Drug

PFIZER COVID-19 ANTIVIRAL DRUG (PAXLOVID)

- Quebec is reserving the distribution of Pfizer's Paxlovid to those who are identified as the most vulnerable patients.
- Quebec is set to receive enough treatment for 6,300 in January and then about 6,200 in February.
- The province expects to have enough to treat between 10,000 and 20,000 people in March.



Restrictions

SOCIAL GATHERINGS

- **Personal gatherings**
 - Personal gatherings limited to households only if any eligible person in the gathering is unvaccinated.
 - Limitation applies to all public and private spaces.
 - Personal gatherings outdoors up to 25 people from a maximum of other two households if all eligible people are vaccinated.
 - Limitation applies to all public and private spaces.

PLACES OF WORSHIP

- Indoor and outdoor faith-based and cultural gatherings up to 25 people indoors or 50 people outdoors.

RESTAURANTS, BARS, BREWERIES AND TAVERNS

- Restaurants, bars and entertainment venues limited to 6 people per table.
- No moving between tables.
- No bar or countertop services.

ENTERTAINMENT, EVENT AND RECREATION

- **Entertainment**
 - Indoor concerts, dance, theatre and symphony rehearsal or performance up to 25 people or 50% capacity.
 - Museums and art galleries up to 25 people or 50% capacity.
 - Public libraries up to 50% capacity.
 - Casinos and nightclubs must close.
- **Events**
 - Indoor organized events, such as weddings, funeral receptions, conferences, trade fairs and workshops, up to 25 people or 50% capacity.
 - Outdoor organized events, such as weddings, funeral receptions, conferences, trade fairs and workshops, up to 50 people.
- **Recreation**
 - Gyms, exercise and dance facilities or studios, and recreation facilities up to 25 people or 50% capacity.
 - Sports for people 12 years of age or older up to 25 people indoors and 50 people outdoors.
 - Indoor practices or performances of singing and music with wind instruments up to 25 people or 50% capacity.
 - Indoor organized recreational activities and classes for people 12 years of age and older up to 25 people or 50% capacity.
 - Sports and activities for children 11 years old and younger up to 25 people indoors and 50 outdoors.
 - Public saunas, steam baths, steam rooms, hot springs, and hot pools must be closed.

BUSINESSES AND ORGANIZATIONS

- Retail and grocery stores at 50% capacity.
- Banks and credit unions at 50% capacity.
- Public areas of government offices where service is provided to the public up to 50% capacity.
- Businesses or organizations offering indoor leisure activities up to 25 people or 50% capacity.

SCHOOLS

- Post-secondary cafeterias up to 50% capacity.
- Schools are open but all students must wear masks and activities between schools are suspended.

WORKPLACE

- Workplace cafeterias up to 50% capacity.
- Businesses and organizations can choose to develop and follow their own COVID-19 policies and guidelines.
- COVID-19 guidance on specific industries can be found [here](#).

ISOLATION REQUIREMENTS

- Isolation period for individuals diagnosed with COVID-19 is reduced to seven days.

Vaccines

THIRD DOSE / BOOSTER SHOTS ELIGIBILITY

- Yukon is now offering booster shots to those 18 and older.

Vaccine Passport

PROOF OF VACCINATION

- Proof of vaccination will be required for Yukoners who want to access all non-essential businesses and attend events.
- Youth 12-17 can use government ID without a photo.
- Businesses are responsible for verifying vaccination and it is an offence to allow entry to unvaccinated individuals or to not verify their vaccination status.
- Until a Yukon government app is available to verify QR codes, a visual check is sufficient.
- Yukoners can use the Record of Vaccination card they received when they were immunized until November 30, 2021. As of December 1, 2021, only government-issued proof of vaccination will be accepted.

Exemptions to the proof of vaccination requirement include:

- Individuals under the age of 12 along with one parent who may be required to accompany the child to their recreational or sporting activity.
- Individuals with a medical deferral issued by a physician or nurse practitioner.
- Individuals entering to use the washroom or get take-out.
- A person entering the Canada Games Centre for physiotherapy to drop off a child.

Proof of vaccination will be required for:

- Eating and drinking establishments and entertainment venues.
 - Does not apply to take-out or delivery
- Personal care services
- Indoor organized recreational activities and classes for 12 years and older
- Indoor and outdoor weddings, funeral receptions, parties, conferences, trade fairs and workshops
- Indoor and outdoor faith-based and cultural gatherings
- Indoor sporting events, including spectators at youth sporting events
- Gyms, exercise and dance facilities or studios, and recreation facilities
- Businesses and organizations offering indoor active recreation and leisure activities
- Businesses and organizations offering indoor and outdoor exercise or fitness
- Sports for people 12 years of age or older
- Indoor concerts, dance, theatre and symphony rehearsal or performance
- Museums and art galleries
- Indoor practices of performances of singing and music with wind instruments



Restrictions

SOCIAL GATHERINGS

- **Private households**
 - Private households can have up to 5 visitors at one time to a maximum of 10 people, unless eligible household members and visitors are fully vaccinated.
- **Outdoor social gatherings**
 - Outdoor gatherings up to 50 people.
- **Gatherings other than at Dwelling Places (applies to businesses and organizations)**
 - Gatherings outside of dwelling places are permitted if:
 - There are no more than 25 persons present at an indoor location
 - There are no more than 50 persons present at an outdoor location
 - Physical distancing of 2 metres must be maintained.
 - A person, business, organization or facility that is unable to meet the restrictions may submit an [Application to Vary from Public Health Order Requirements](#).
 - Where Certificate of Approval requires persons attending the location:
 - Persons attending must be fully vaccinated
 - Person, business, organization or facility must verify proof of vaccination to permit entry.
 - Persons 12 years or older must provide one of the following pieces of documentation prior to entry:
 - Proof of Vaccination Credential
 - Official vaccination history record
 - Proof of vaccination form from a jurisdiction outside of NWT
 - Official exemption from vaccination

RESTAURANTS AND BARS

- Restaurants, bars and lounges are open, with no table limits.
- Mingling of guests from different tables are not permitted.

ENTERTAINMENT, EVENTS, AND RECREATION

- **Recreation**
 - Businesses, organizations and facilities permitting indoor or outdoor sports at their location must ensure players adhere to COVID-19 guidelines from their national and provincial sports organizations.
 - Must maintain physical distancing of 2 metres.
 - High risk indoor activities are prohibited, which include dancing; singing; playing of wind and brass instruments; traditional hand games; contact sports; high intensity fitness classes (gyms can remain open); winter sports, and, swimming.
 - Activities may be permitted upon approval from the Chief Public Health Officer, which can be requested by submitting an [Application to Vary from Public Health Order Requirements](#).

ESSENTIAL BUSINESSES

- [Essential businesses](#) may exceed gathering limits provided they follow indoor masking and other requirement of health respiratory practices and comply with any conditions imposed by the CPHO.
- Approved application to Vary from Public Health Order Requirements is required for:
 - Outdoor gatherings of more than 50 people.
 - Indoor gatherings of more than 25 people.
 - Limiting distancing requirement for gathering.
 - Any sized gathering that includes high-risk activities.

WORKPLACE

- Leisure travel into the territory is not permitted.
- Guidance on returning to worksite can be found [here](#).

TRAVEL

- Leisure travel into the territory is not permitted.
- Fully Vaccinated travelers are not required to self-isolate following entry. Required to submit a self-isolation plan prior to or within 24 hours of entry. If travelling to communities outside of Yellowknife, Inuvik, Hay River, Fort Smith, Fort Simpson, or Norman Wells before 4 days after entry, need to produce a negative COVID-19 test.
- Non-Fully Vaccinated NWT residents returning needs to complete and submit a self-isolation plan prior to entry or within 24 hours of entry. Must immediately self-isolate for eight days in Yellowknife, Inuvik, Hay River, Fort Smith, Fort Simpson, or Norman Wells, or in a requested community that has been approved in their self-isolation plan. May end isolation early after six days with a negative COVID-19 test.
- Non-fully vaccinated, non-residents are prohibited from travelling within the NWT.

ISOLATION REQUIREMENTS

- Individuals testing positive must isolate for 10 days from the onset of symptoms or receipt of a positive test, whichever is last to occur.
- Isolation period will be reduced to 7 days if:
 - Individual is fully vaccinated.
 - Not considered seriously immunocompromised.
 - Recovers to the point of having no symptoms and agrees to use a mask when away from their home until day 10.
- Contacts in the same home must isolate for 10 days starting from their household member's symptoms starting or receipt of a positive test.

Vaccine Passport

PROOF OF VACCINE CREDENTIAL (PVC)

- Residents can access the self-serve online form to download their proof of vaccination credential.
- PVC for NWT residents has been built to align with the requirements issued by the Government of Canada.
- People 19 years or older must show government issued photo ID to verify their proof of vaccination.

Proof of Vaccine Credential is required for:

- International and domestic travel.
- NWT businesses that require proof of vaccination (as of Oct. 22, 2021).
- The list will be expanded if additional use cases are identified.

Vaccines

THIRD/DOSE BOOSTER SHOTS ELIGIBILITY

- Northwest Territories announced individuals who are 18 years and older are eligible for a booster shot.

CHILDREN AGED 5 TO 11

- Children aged 5 to 11 are eligible to receive the Pfizer pediatric vaccine

Antiviral Drug

PFIZER COVID-19 ANTIVIRAL DRUG (PAXLOVID)

- Northwest Territories received its first shipment of Pfizer's COVID-19 antiviral treatment, Paxlovid.
- Treatment is reserved for those at highest risk of severe outcomes from the virus.
- NWT physicians will determine eligibility for Paxlovid based on criteria currently being finalized by NTHSSA.



Restrictions

SOCIAL GATHERINGS

- **Indoor social gatherings**
 - Indoor gatherings restricted to household, plus 5 people.
 - All other indoor gatherings outside of dwellings up to 10 people.
- **Outdoor social gatherings**
 - Outdoor gatherings up to 25 people.

PLACES OF WORSHIP

- Places of worship up to 50 people or 25% capacity.
- No singing allowed.

RESTAURANTS AND BARS

- Restaurants are open for take-out only and must maintain 2 metres social distancing between people in line.
- Bars are closed.

BUSINESSES AND ORGANIZATIONS

- May open, with mandatory masking
- Businesses and organizations includes:
 - Grocery stores.
 - Pharmacies
 - Fuel/motor vehicle services stations
 - Post-offices
 - Banks
 - Taxis (one fare per trip)
 - Cleaning/janitorial
 - Essential government services
 - Inuit organizations
 - Food banks
 - Shelters
 - Dental clinics
 - Vet clinics
 - Psychologists
 - Personal services, such as hairdressers and beauty salons

GROUP COUNSELLING AND SUPPORT GROUPS

- Gatherings for group counselling and support groups up to 10 people.
- Masks are mandatory.

ENTERTAINMENT, EVENT AND RECREATION

- **Entertainment**
 - Theatres are closed.
 - Libraries, galleries, and museums open to 25-50% capacity
 - No group tours are permitted at this time.
- **Events**
 - Community halls, conference spaces, government and Inuit organization facilities (for activities such as weddings or funerals) up to 25 people or 25% capacity, whichever is less.
- **Recreation**
 - Arenas up to 25 people or 25% capacity, wherever is less.
 - No team sports allowed.
 - Swimming pools are closed.

SCHOOLS

- Schools in Nunavut are open as of January 24, 2022.

LONG-TERM CARE & CONTINUING CARE FACILITIES / BOARDING HOMES

- Maximum of 1 visitor per resident.
- Immediate family only.
- Masks are mandatory.

WORKPLACE

- Employers must have an Exposure Control plan in place, which plans for the risk of all communicable diseases, including COVID-19 transmission in their workplace.
- Guidance on workplace safety can be found [here](#).

TRAVEL

- Non-essential travel is strongly discouraged.
- Travellers who test positive for COVID-19 at any point during their travel will be required to isolate for 14 days unless they receive a negative confirmatory PCR test
- Fully vaccinated travellers must produce proof of vaccination or PVC (proof of vaccine credential).
- Partially or unvaccinated travellers are required to have a Nunavut CPHO travel authorization proving completion of 14-day isolation in designated GN isolation site.
- Partially vaccinated and unvaccinated EMTI (Expedited Medical Travel Isolation) program travellers must:
 - Have a Nunavut CPHO travel authorization proving completion of 14-day isolation in designated GN isolation site; and
 - A negative COVID-19 rapid molecular test taken within 72 hours of departure.
- Dependents 12-17 years of age partially vaccinated or unvaccinated, travelling on a vaccinated parent or guardian exemption must:
 - Produce a negative COVID-19 rapid molecular test within 72 hours of departure.
 - Accompanying parent or guardian must bear a valid proof of vaccination credential.

ISOLATION REQUIREMENTS

- Individuals who have been identified by a Medical Health Officer as a Person Under Investigation are required to self-isolate in their residence or in an alternate location for a minimum of:
 - Minimum 10 days, from either the onset of symptoms or a positive test result, if the individual is **unvaccinated or partially vaccinated**.
 - Minimum of 7 days, from either the onset of symptoms or a positive test result, if the individual is **fully vaccinated or fully vaccinated with a booster**.
 - Any other time period stipulated by the CPHO or a Medical Health Officer.

Special Measures

IGLOOLIK

SOCIAL GATHERINGS

- **Indoor gatherings**
 - Indoor gatherings restricted to household, plus 5 people for emergencies.
 - All other indoor gatherings outside of dwellings restricted to household, plus 5 people for emergencies.

Outdoor gatherings

- Outdoor gatherings up to 5 people.

GROUP COUNSELLING AND SUPPORT GROUPS

- Gatherings for group counselling and support groups are not permitted at this time.

PLACES OF WORSHIP

- Places of worship must close.

RESTAURANTS AND BARS

- Restaurants are open for take-out only and must maintain 2 metres social distancing between people in line.
- Bars are closed.

BUSINESSES AND ORGANIZATIONS

- May open, with mandatory masking.
- Personal services, such as chiropractors, hairdressers and beauty salons, must close.

ENTERTAINMENT, EVENT AND RECREATION

Events

- Community halls, conference spaces, government and Inuit organization facilities (for activities such as weddings or funerals) restricted to household, plus 5 people for emergencies.

Recreational

- Gyms, fitness centres, parks, and arenas must close.

SCHOOLS

- Schools are closed.

LONG-TERM CARE & CONTINUING CARE FACILITIES / BOARDING HOMES

- Closed to visitors.
- Residents restricted to facilities and grounds.

TRAVEL

- Restricted to essential purposes only.



Vaccine Passport

- Nunavut has not mandated a vaccine passport for non-essential activities in the territory.
- The territory is offering COVID-19 vaccination certificates with QR codes to its residents, which comply with the federal proof of vaccination requirements.
 - The certificates can also be used to access non-essential services in other jurisdictions.

HAMLET OF RANKIN INLET BYLAW

- The Hamlet of Rankin Inlet passed a bylaw that requires individuals to provide proof of full vaccination participate in certain events such as:
 - Weddings
 - Worship services
 - Funerals
 - Bingo, lottery events
 - Sports activities
 - Community games
- Penalties for violating the bylaw range from \$250 for a first offence to \$2,250 after the third offence.
- The bylaw will remain in place until the Government of Nunavut declares the public emergency due to COVID-19 to be over.

Vaccines

THIRD/DOSE BOOSTER SHOTS ELIGIBILITY

- All Nunavummiut 18 years and older are eligible to receive booster shots (following 4.5 months after their second dose).
- Nunavummiut 12 to 17 years of age are eligible to receive booster shots (following 6 months after their second dose).

CHILDREN AGED 5 TO 11

- Children aged 5 to 11 are eligible to receive the pediatric Pfizer vaccine.



Restrictions

SOCIAL GATHERINGS

- **Personal Gatherings**
 - Can interact with up to 10 close consistent contacts from outside your household.

PLACES OF WORSHIP

- Limited to no more than 50 people or 25% capacity whichever is less with physical distancing.

WEDDINGS

- Limited to no more than 50 people or 25% capacity, whichever is less with physical distancing.
- Dance floors are prohibited.

FUNERALS

- Limited to no more than 50 people or 25% capacity, whichever is less with physical distancing.
- Wakes are prohibited.
- Public visitations are permitted, with one household bubble visiting at a time.

RESTAURANTS, BARS AND LOUNGES

- Restaurants can operate at 50% capacity.
 - Physical distancing must be maintained.
 - Maximum six people per table.
 - Buffets are prohibited.
- Bars and lounges are closed.

RETAIL AND PERSONAL SERVICES

- Retail stores, including those in shopping malls, can open at reduced capacity with physical distancing.
- Personal services can be open in accordance to physical distancing and mask wearing.

ENTERTAINMENT, EVENT AND RECREATION

- **Entertainment**
 - Cinemas and bingo halls are closed.
- **Recreation**
 - Gyms are limited to 50 people or 25 per cent capacity, whichever is lower.
 - Performance spaces are closed.
 - Group and team sport, arts and recreation activities where close proximity is required are suspended.
 - Outdoor activities are permitted with physical distancing.

WORKPLACE

- Employers are recommended to develop a policy or plan that addresses COVID-19.
 - Policy or plan does not require approval from the provincial government.
- Sector-specific guidance on COVID-19 can be found [here](#).

TRAVEL

- Fully vaccinated travellers are required to self isolate for five days and complete a COVID-19 rapid test once a day for five days.
- All travellers must complete a travel form within 30 days of their travel date.
- Isolation will end if all five rapid tests are negative.
- Unvaccinated travellers must self isolate until they receive negative PCR test on day 7 or later if the travellers chooses not to have a test they must isolate for 14 days.
- All partially vaccinated or unvaccinated travellers must:
 - Avoid vulnerable people.
 - Not visit long term care facilities.
 - Not attend events with larger crowds.

ISOLATION REQUIREMENTS

- **Unvaccinated**
 - Unvaccinated individuals are required to isolate for 10 days from the onset of symptoms.
 - Unvaccinated close contacts with no symptoms are required to isolate for 10 days.
 - School-aged children who do not live with the person who has COVID-19 can attend school during the 10-day isolation period.
- **Fully vaccinated**
 - Fully vaccinated individuals are required to isolate for 7 days from the onset of symptoms.
 - Fully vaccinated close contacts who live with a positive case and have no symptoms are required to isolate for 7 days.
 - Fully vaccinated close contacts who do not live with a positive case and have no symptoms are required to isolate for 5 days after the last contact with the positive case.
 - Isolation can end after 5 days have passed and a receipt of a negative PCR test.

Vaccine Passport

NXLVAXPASS

- The mobile app NLVaxPass is available to download.
- Youth aged 12 – 18 are exempt from passport requirements when participating in indoor and outdoor sports events and practices.

Vaccines

THIRD/DOSE BOOSTER SHOTS ELIGIBILITY

- Individuals who are moderately to severely immunocompromised are recommended to receive a third dose of a mRNA vaccine.
- Individuals who received a mixed vaccine and need to travel for work, school, or a medical procedure internationally are eligible for a third dose.
- Third dose appointments should be scheduled at least 28 days after their last vaccine.

CHILDREN AGED 5 TO 11

- Children 5 to 11 are eligible to receive the pediatric Pfizer vaccine.

Antiviral Drug

PFIZER COVID-19 ANTIVIRAL DRUG (PAXLOVID)

- Paxlovid is now available to eligible patients within the various health regions of Newfoundland and Labrador.

ELIGIBILITY

- Patients are eligible if they meet all of the following criteria:
 - You have not been admitted to hospital.
 - Symptoms started within the last 5 days.
 - Test positive for COVID-19 within the last 5 days.
 - You belong to one of the following high-risk groups:
 - Immunocompromised, regardless of vaccine status.
 - 80 years or older and not fully vaccinated.
 - 60 years or older, not fully vaccinated and residing in a rural or remote community, long-term care setting, or a member of the Indigenous community.
 - Do not have a medical condition that would make treatment in appropriate.
 - Not taking medications that would result in a serious drug interaction with Paxlovid.
- Patients must contact their primary care provider to complete screening to ensure Paxlovid is an appropriate treatment.



Restrictions

SOCIAL GATHERINGS

- Households must limit their contacts to a maximum of 10 consistent contacts
- Indoor and outdoor informal gatherings permitted with household plus the consistent 10 contacts

PLACES OF WORSHIP

- No choirs, one soloist permitted four metres minimum from congregation
- 50% capacity and physical distancing required

RESTAURANTS

- 50% capacity and physical distancing of two metres or barriers between tables.

RETAIL

- Open at 50% capacity and physical distancing required.

ENTERTAINMENT, EVENT AND RECREATION

Entertainment

- Public venues cannot have events with more than 50% capacity
- People must remain seated and masked at all times unless eating or drinking

Recreation

- Spas and salons, gyms opened at 50% capacity
- Organized sports and all other organized activities are permitted with specific rules for each type of league or group
- 50% capacity for spectators

WORKPLACE

- Businesses that are permitted to remain open during Level 3 are required to demonstrate compliance with the Mandatory Order and Public Health Act Regulation 2021-67.
- COVID-19 Guidance for Businesses and Organizations can be found [here](#).
- COVID-19 Guidance on specific industries can be found [here](#).

TRAVEL

- All travellers must register travel or have a multi-use pass, including New Brunswickers returning to the province.
- Unvaccinated people entering New Brunswick are required to isolate and take a test on Day 10.
- International travellers must follow federal government testing and isolation guidelines.

ISOLATION REQUIREMENTS

- Close contacts, regardless of vaccination status, must self-monitor for symptoms for 10 days.
- **Unvaccinated or immunocompromised**
 - Unvaccinated or immunocompromised individuals and household contacts must isolate for 10 days after test date
- **Fully vaccinated**
 - Fully vaccinated individuals and household contacts must isolate for 5 days after test date.
 - Once individual has completed their 5-day isolation, they must mask continuously and avoid vulnerable settings and gatherings for the next 5 days.

Vaccine Passport

PROOF OF VACCINATION

- Accepted proof of vaccination include:
 - MyHealthNB record;
 - Immunization record from an RHA clinic, pharmacy or Public Health;
 - Photo or copy of immunization card;
 - Proof of Vaccination from another jurisdiction;
 - Medical exemption certificate

Proof of COVID vaccination and ID will be required for those 12 and older to access events and businesses such as:

- Indoor festivals, performing arts and sporting events
- Indoor and outdoor dining and drinking at restaurants, pubs and bars
- Nightclubs, amusement centres, pool halls, bowling alleys and casinos
- Movie theatres
- Gyms, indoor group exercise, indoor pools and recreational facilities
- Indoor organized gatherings like weddings and funerals, conferences and workshops
- Indoor organized group recreational classes and activities
- Visiting long-term care facility
- bars, movie theatres, gyms, and indoor recreational facilities

Vaccines

THIRD/DOSE BOOSTER SHOTS ELIGIBILITY

- All New Brunswickers 18 and older are eligible for their booster if at least 5 months has passed since their second dose.

CHILDREN AGED 5 TO 11

- Children aged 5 to 11 in New Brunswick are now eligible to book their COVID vaccine appointments.

Antiviral Drug

PFIZER COVID-19 ANTIVIRAL DRUG (PAXLOVID)

- New Brunswick is scheduled to receive its first shipment of 700 doses of Pfizer's new COVID-19 antiviral treatment by end of week.



Restrictions

SOCIAL GATHERINGS

- **Indoor social gatherings**
 - Informal indoor social gatherings up to 10 people with social distancing and masks.
- **Outdoor social gatherings**
 - Informal indoor social gatherings up to 10 people with social distancing and masks.

PLACES OF WORSHIP

- Faith gatherings hosted by a business or organization with 25% capacity limit and up to 50 people with social distancing and mask requirements.
- Informal faith gatherings up to 10 people.

WEDDINGS AND FUNERALS

- Weddings and funerals hosted by a business or organization with 25% of venue's capacity up to 50 people.
- Informal wedding ceremonies up to 10 people.
- Funeral services hosted by a business or organization up to 10 people plus person conducting the ceremony and funeral home staff.

RESTAURANTS AND BARS

- Restaurants and bars can operate up to 50% capacity with social distancing.
- Maximum of 10 people at a table.
- Live music permitted with only 1 performer.

RETAIL

- Retail stores can operate at 50% capacity.

ENTERTAINMENT, EVENTS AND RECREATION

- **Entertainment**
 - Movie theatres can operate at 25% capacity up to 50 people.
 - Museums and libraries can operate at 50% capacity.
- **Events**
 - Arts and culture events, festivals, in-person performances, special events, sport events not permitted.
- **Recreation**
 - Participants and officials in organized performing arts (amateur and professional) can have up to 10 people indoors and up to 25 people outdoors (excluding staff) without social distancing for rehearsals and virtual performances. Competitions, in-person performances and spectators are not permitted (you also can't participate in a competition outside Nova Scotia). Virtual events are permitted with a maximum of 10 people indoors and 25 people outdoors and need to follow their COVID-19 Prevention Plan.
 - Participants and officials in organized sports (recreational, amateur and professional) can practice and train with up to 10 people indoors and up to 25 people outdoors without social distancing. Sport games, competitions, tournaments and spectators are not permitted (you also can't participate in a tournament outside Nova Scotia).
 - Fitness establishments can operate at 50% capacity.

WORKPLACE

- All businesses, organizations and employees are required to follow the [Health Protection Act Order](#), public health measures and the [Workplace COVID-19 Prevention Plan](#).
- Sector-specific guidelines can be found [here](#).

TRAVEL

- People within the Atlantic Canada may need to self-isolate when they arrive in Nova Scotia.
- Travellers must complete a Safe Check-In Form before travel to the province.
- Fully vaccinated travellers do not need to self-isolate.
- Partially and unvaccinated travellers are required to self-isolate for 7 days and receive 2 negative test results in order to leave self-isolation after 7 days.
- Travellers who have a letter from Public Health in a Canadian province or territory stating that they've recovered from COVID-19 in the 12-weeks prior to arrival and are not fully vaccinated must self-isolate for 7 days.
- They do not need to get tested in order to leave self-isolation after 7 days.
- **Starting March 2, 2022** – Children who are 12 and older will need to follow self-isolation requirements based on their own vaccination status.
- Children aged 11 or younger will follow the self-isolation requirements for the least vaccinated person they are travelling with.

ISOLATION REQUIREMENTS

- **Unvaccinated / immunocompromised**
 - Unvaccinated or immunocompromised individuals must isolate for 10 days following the onset of symptoms or a positive test (if no symptoms).
 - Individuals can leave isolation the morning of the 11th day if they no longer have symptoms, or symptoms are improving and there has been no fever for at least 24 hours.
- **Fully vaccinated**
 - Fully vaccinated individuals must isolate for 7 days following the onset of symptoms or a positive test (if no symptoms).
 - Individuals can leave isolation the morning of the 8th day if they no longer have symptoms, or symptoms are improving and there has been no fever for at least 24 hours.
- **Close contacts**
 - Close contacts of a positive household member and have no symptoms are required to self-isolate and get tested immediately.
 - Isolation period can end on a receipt of a negative PCR test tor rapid test and still have no symptoms.
 - If testing is not complete, close contacts are to isolate a full 7 days from the day the positive household member first tested positive.

Vaccine Passport

PROOF OF VACCINATION

- Required for those who are 12 years and older at non-essential events and activities and high-risk settings.
- The province can show proof of immunization through the CANimmunize app until it develops a digital option.

Proof of COVID vaccination and ID will be required to access events and businesses such as:

- Restaurants
- Bars
- Concerts
- Movies
- Sporting events
- Fitness facilities

Vaccines

THIRD/DOSE BOOSTER SHOTS ELIGIBILITY

- Nova Scotia is offering booster doses to anyone 18 years of age and older.

CHILDREN AGED 5 TO 11

- Children aged 5 to 11 can now book a vaccine through the province's booking sight or by phone.

Antiviral Drug

PFIZER COVID-19 ANTIVIRAL DRUG (PAXLOVID)

- Nova Scotia received 900 treatments of Pfizer's COVID-19 treatment, Paxlovid.
- Prescribing Paxlovid are still being finalized.



Restrictions

SOCIAL GATHERINGS

- **Personal gatherings**
 - Personal gatherings are limited to 10 steady and consistent people plus single household members.

PLACES OF WORSHIP

- Up to one cohort of 50+ officiants/staff with physical distancing among individuals from different households, with masking

WEDDINGS AND FUNERALS

- Weddings and funeral ceremonies not following the Vax Pass Program can have a maximum of 200 people.
- No wedding or funeral receptions
- Private visitations with deceased permitted of up to 10 individuals consisting of a single household with members of their steady 10 permitted

RESTAURANTS AND BARS

- In room dining up to 50% capacity with 6 feet between tables, table size up to 10 people
- Food and beverages service but stop at approximately 11pm and close by midnight each night
- Masks must be worn except when actively eating or drinking.

RETAIL AND PERSONAL SERVICES

- Retail is permitted with maximum capacity of 50%.
- It is strongly recommended that providers avoid offering personal services which require removal of a client's mask.
 - If proceeding with these services, there is guidance available [here](#).

ENTERTAINMENT, EVENTS, AND RECREATION

- **Entertainment**
 - Museums, casinos, theatres and cinemas are open at 50% capacity with distancing
 - Dance floors and karaoke are not permitted.
- **Recreation**
 - Gyms, group fitness classes and indoor recreational facilities are open to 50% capacity with distancing, up to 50 people physically distant for group classes.

WORKPLACE

- When possible, employers should look into work from home options, physical distancing workstations within the workplace and limiting face-to-face meetings with employees and clients to only that which is essential.
- Employers need to develop an operational plan that reduces the risk of exposure.
- Workplace toolkit for all industries can be found [here](#).

TRAVEL

- Until further notice, fully vaccinated travellers are required to self-isolate until they have a negative test on day 4 after arrival.
 - Fully vaccinated travellers must continue to show proof of vaccination at entry point.
- Unvaccinated travellers must register their self-isolation plans.
- Children less than 12 years of age will follow self-isolation requirements based on the vaccination of the parent or guardian who they are travelling with.
- Recreational travel to and from PEI is not permitted for participation in organized recreational activities, such as sports, arts and culture.

ISOLATION REQUIREMENTS

- **Fully vaccinated**
 - Fully vaccinated individuals must isolate for 7 days following the onset of symptoms or from the date of the positive COVID-19 test.
 - Isolation period may end if individual is not experiencing any symptoms or if symptoms are improving (and no fever for the last 24 hours).
 - If symptoms do not improve, isolation will be extended to 10 days total.
- **Unvaccinated / partially vaccinated**
 - Unvaccinated or partially vaccinated individuals must isolate for 10 days following the onset of symptoms or from the date of the positive COVID-19 test, whichever is shorter.
- **Close contacts**
 - Isolation for contacts of a case is based on vaccine status and their exposure.
 - Members of household do not need to self-isolate, but must practice public health measures.

Vaccine Passport

PEI VAX PASS

- The pass will involve showing a paper proof of vaccination and will eventually progress to a QR code later in the month.
- Children under 12 and people with medical exemptions will not need the pass.

Vax Pass will be required for:

- Adult sporting events and recreational activities, and spectators at youth sporting events or recreational activities
- Concerts, and arts, theatre, and music events
- Wedding and funeral receptions and wakes
- Conferences, trade fairs and workshops
- Group activities and classes
 - Does not apply to youth group activities and classes
- Adult group and team sports for people 19 years and older
- Food premises and licensed premises (indoor and patio dining)
 - Does not apply to take-out, drive thru or delivery
- Casinos and movie theatres
- Indoor gyms, exercise/dance facilities/studios, swimming pools and skating rinks
- Outdoor facilities for organized gatherings/events
- Arcades and bowling alleys

Vaccines

THIRD/DOSE BOOSTER SHOTS ELIGIBILITY

- All adults 18 years of age and older are eligible at 6 months after the administration of their previous dose.

CHILDREN AGED 5 TO 11

- Children aged 5 to 11 can now make appointments for their COVID-19 vaccine.

Antiviral Drug

PFIZER COVID-19 ANTIVIRAL DRUG (PAXLOVID)

- P.E.I. received 200 courses of treatment in January.
- The province is hoping to receive 200 more for February, and 500 in March.